

# EMOTION PAINTING



Grades 6-8



# OBJECTIVES

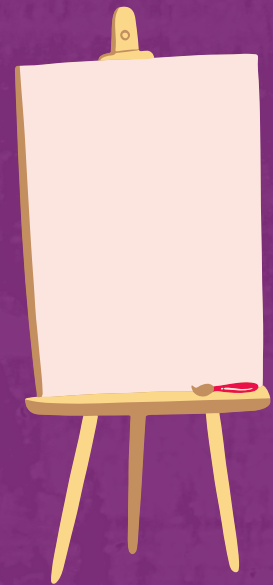
- ✱ To create paintings based on feelings
- ✱ To draw literal or abstract representations of what is stressing you out
- ✱ To help you express emotions that may be difficult to put into words



# WHAT IS TEXTURE?

Texture is an element of art that refers to how an object feels or looks as it might feel. It adds dimension to an artwork, creating a striking, richer experience.





Canvas / A large  
sheet of heavy paper



Pencils



Music

# MATERIALS



Scrap Newsprint

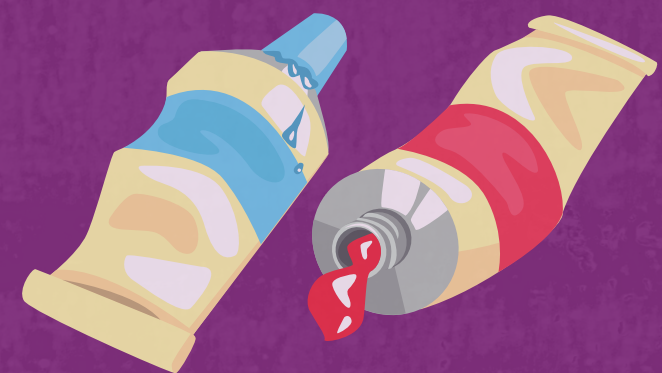


Paintbrushes



Water



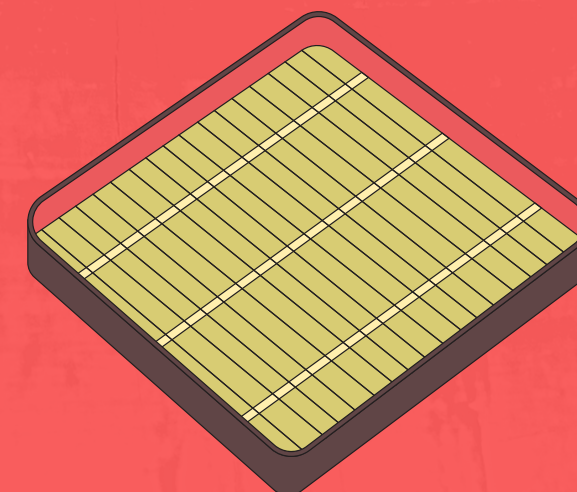


Acrylic Paint



Containers

# MATERIALS



Mixing Trays



Old shirts /  
Painting smocks







# Step 1

Warm up by drawing lines (using pencil on newsprint) based upon certain feelings. IE: draw happy lines, draw angry lines, etc.

## Alternate Step

You are also encouraged to draw lines based on the music they are hearing (IE: jazz, classical, pop etc.)



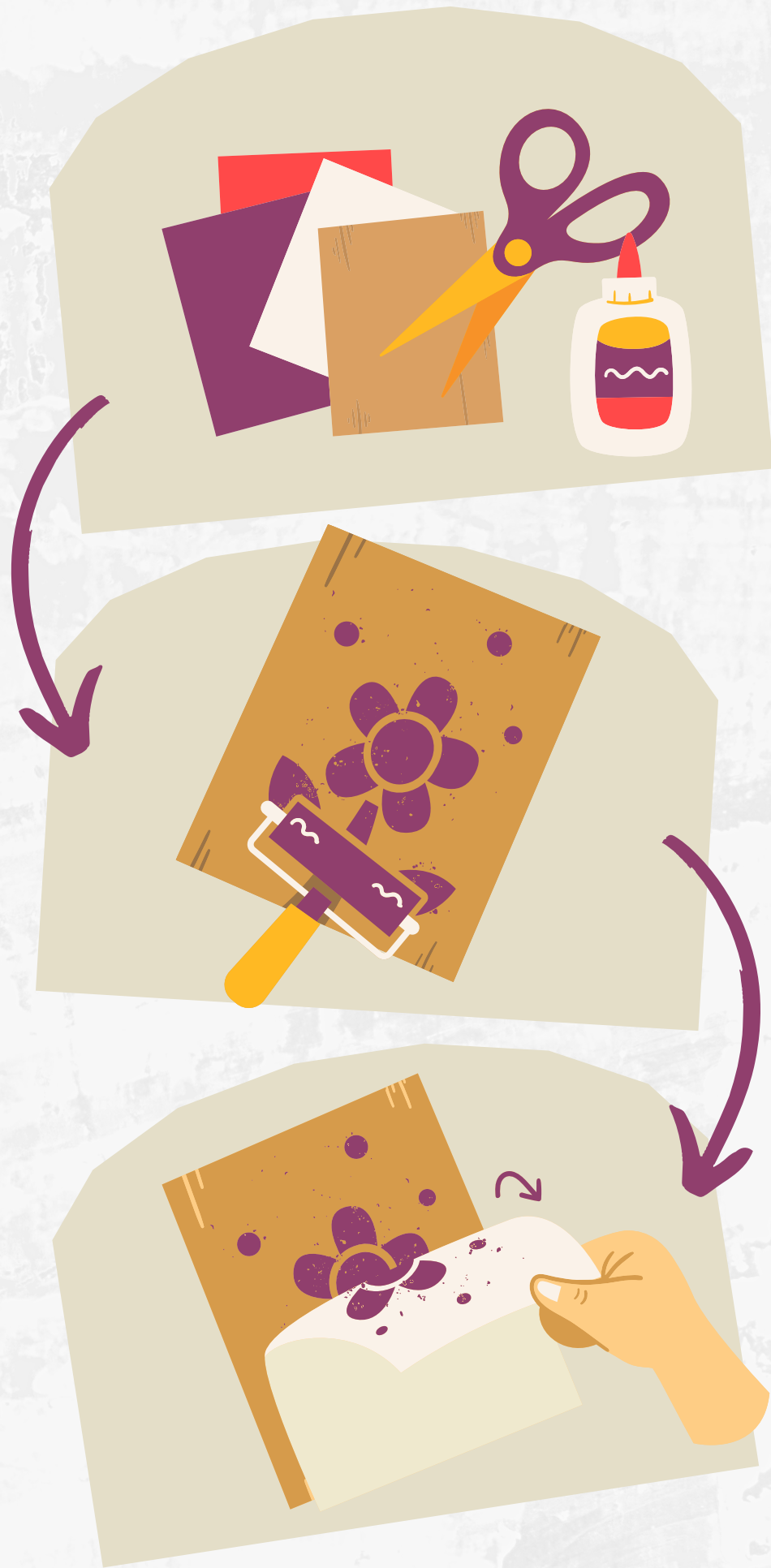
### **Note:**

Take as long as you need to create the final work.

## **Step 2**

Everyone can then decide on an emotion or feeling which they will express using various paint colors, lines, textures and shapes.





# THINGS YOU CAN CONSIDER

- 1** Emotion. What does the word emotion mean? What kinds of emotions do we experience on a day-to-day basis.
- 2** Color. How do certain colors make us feel? Why?
- 3** Line. What kinds of lines are there? Straight, jagged, squiggly, zig-zag, etc.



# TIPS!

## Feelings you can express on your canvas!

- ✦ Happiness
- ✦ Sadness
- ✦ Frustration
- ✦ Excitement
- ✦ Reminiscing
- ✦ Fear, etc.



# YOUR PAINTING IS COMPLETE!

When the paintings are complete, hang them up and see how others interpret the work.

